

MAINS

COMFORT

Chicken, Mushroom and Leek Pie, Green Beans
Cow Pie with Seasonal Greens
Coq au Vin with Tenderstem Broccoli and Artisan Bread
Sausage, Bean and Pepper Casserole with Garlic Bread and Salad
Boeuf Bourginon with Tenderstem Broccoli and Artisan Bread
Fish Pie (Haddock, Cod, Prawn, Cream and Spinach) *

BAKED

Cajun Salmon, Avocado and Tomato Salsa, Rice and Soured Cream Baked Chicken Mediterranean Roast Veggies and Herbed Yogurt Lasagne served with Garlic Bread and Salad Spinach and Ricotta Cannelloni, Garlic Bread and Salad

SPICY / AROMATIC

Thai Salmon with Spring Onions, Coriander, Ginger and Chilli with Thai Jasmine Rice North African Lamb with Chilli, Garlic and Chickpeas with Herbed Cous Cous

Three Bean Chilli with Guacamole, Rice and Soured Cream

Moroccan Vegetable Stew, Cous Cous and Cucumber





AL FRESCO

MAIN

Anti pasti platter – Cured Meat, Cheeses, Marinated Vegetables, Olives and Focaccia
Poached Salmon with Dill Sauce
Honey and Mustard Roast Fillet of Beef *
Roast Tomato, Goat's Cheese and Basil Tart
Smoked Salmon and Dill Tart
Wild Mushroom and Gruyere Tart
Contemporary Coronation Chicken with Mango and Baby Spinach

SALAD

A Selection of Smoked Fish and Prawns with Blinis and Crème Fraiche

Potato, Prawn and Hot Smoked Salmon

Asian Rice Noodle Salad with Broccoli, Corn, Carrot and Crushed Peanuts
Chargrilled Vegetables, Haloumi and Baby Spinach
Lentil, Roast Red Onion, Chorizo and Peppers
Roast Chicken, Crispy Bacon, Baby Gem, Egg and Croutons
Super Food With Wild Rice, Quinoa, Broccoli, Feta, Peppers,
Pumpkin Seeds and Red Onion with a Yogurt Dressing

Moroccan Cous Cous, Roast Veggies and a Garlic and Cucumber Yogurt
Middle Eastern Roast Chicken, Roast Butternut, Chickpeas and Rocket
Mediterranean Roast Vegetables, Bocconcini with a Basil Dressing
Lentil, Olives, Roast Peppers, Slow Roast Tomatoes and Prawns
Smoked Mackerel, Roast Beetroot and New Potato
Giant Cous Cous, Roast Tomatoes, Feta, Aubergine and Red Pesto
Caesar Salad

Potato Salad With A Mustard, Spring Onion and Bacon White Bean, Chorizo, Roast Tomatoes, Aubergine and Herbs Orrechiette with Cherry Tomatoes, Cucumber, Basil, Olives and Mozzarella Wild Rice, Green Bean, Asparagus, Tomato and Herbs Sweet Potato, Beetroot, Roast Red Onion, Pine Nuts and Feta

DESSERTS

Malted Chocolate Cheesecake
Blueberry and Almond Tart, Crème Fraiche
Treacle Tart with Clotted Cream
Dorset Honey and Apple Cake with Vanilla Cream
Summer Berry and Lemon Tart
Lemon Pots with Summer Fruit Compote and Shortbread
Chocolate Brownies with Vanilla Cream and Raspberries
Pavlova with Mango and Passion Fruit
Vanilla Cheesecake with Strawberries

2 courses £17.50 (minimum order of 12)

* £2.50 supplement per person

All dishes served in china, free delivery to SW15, SW18, SW19, SW6

Contact us now to discuss your catering requirements: info@greenfig.co.uk • 020 8785 9652 www.greenfig.co.uk